



HEALTH SPA

TREATMENT LIST

Here at the Dart Marina Spa we welcome all guests to use the facilities and treatments on offer. For total relaxation and enjoyment of your experience, we strongly suggest that you contact us before your visit to discuss and book your treatments. Our friendly, knowledgeable and highly qualified staff look forward to making your stay here at Dart Marina a memorable one.

HEALTH SPA FACILITIES

As well as the treatment rooms, the Spa provides exercise facilities in its new swimming pool and fitness suite. The pool has been designed for both relaxation and exercise with a multi-adjustable current to provide resistance when swimming. A feature of the pool area is a planted area of natural rock face which is home to moisture loving ferns and mosses which will be lit so that swimmers can appreciate the natural setting. A spa bath and steam room are also available to complement the facilities.

In the fitness suite two running machines, a cross trainer, exercise bikes and a multi gym are available for cardiovascular work while free weights facilitate resistance training.

Please ask for details regarding membership to the Health Spa.

OUR SIGNATURE TREATMENT

SENSORY STONE HEAVEN & EXOTIC VISIBLE FACIAL

60 Minutes.....£78

A wonderful aroma stone treatment on the back, neck and shoulders combined with the exotic visible facial. A truly one off experience.

ELEMIS ADVANCED ANTI-AGEING FACIALS

ELEMIS VISIBLE BRILLIANCE FACIAL

75 Minutes£85

To combat ageing, stressed and slackened skin.

This facial instantly firms, rejuvenates and plumps up the skin whilst reducing dark circles from around the eye contour.

DART MARINA

DARTMOUTH

ELEMIS PRO-COLLAGEN QUARTZ LIFT FACIAL

75 Minutes£85

Clinically proven to reduce the number of wrinkles by up to 94% and improves skin firmness by up to 57% specialised lifting massage techniques combined with strength anti-ageing formulations leaving a firmer, uplifted, more youthful appearance.

ELEMIS FACE AND BODY SENSATION

75 Minutes.....£83

A customised Elemis 'ice-cool thermal muscle massage' to the back of your legs, shoulders and back alleviating stress and easing aching muscles. Combined with an intensive anti-ageing booster facial that will smooth out your wrinkles and restore youthful radiance.

ELEMIS ADVANCED PERFORMANCE FACIALS

ELEMIS OXYGEN SKINCALM FACIAL - for sensitive skin

75 Minutes£70

This face and eye treatment is pure soothing heaven for sensitive skins. Reduces redness and offers immediate comfort to stressed skins. This superior treatment is further enhanced by a luxurious hand and arm massage and de-stress scalp treatment for the ultimate in advanced skin therapy.

ELEMIS SOS PURIFYING FACIAL - for oily, problem and congested skins

75 Minutes£70

This powerful purifying face and eye treatment helps absorb excess sebum, regulate and balance the function of the skin, whilst helping to repair scarring. Purifying massage techniques combined with the unique Japanese Sulphur Mask impregnated with Vita-C Booster Serum help to calm irritated skin and rebalance oil rich pores, leaving a beautiful matt skin.

TRI-ENZYME RESURFACING FACIAL

60 minutes.....£85

This new facial resurfaces the skin by up to 75% and increases skin smoothness by up to 32% after one treatment. The skin is left incredibly clean, smooth and radiant bringing a renewed level of evenness and clarity to the complexion.

MODERN SKIN FACIAL

55 minutes.....£68

The Elemis Modern Skin Facial is for women and men who are finding that the stresses and strains of their everyday lives are showing on their skin. Combining a Mineral Rich mask and Visible Brilliance serum with a neck, shoulder and scalp massage to ease away tension revealing a brighter, clearer, radiant and more balanced skin.

ELEMIS SKIN SPECIFIC FACIALS

HERBAL LAVENDER FACIAL

55 Minutes.....£59

For perfect restoration of skin balance.

FRUIT ACTIVE GLOW FACIAL

55 Minutes.....£59

Bring back the glow to a lifeless complexion.

EXOTIC CREAM MOISTURE DEW FACIAL

55 Minutes.....£59

Treat your skin to a moisture boost.

ELEMIS TASTER FACIALS

25 Minutes£40

This introductory facial provides a quick and instant pick-me-up for dull, lifeless skin.

BODY TREATMENTS

ELEMIS ABSOLUTE SPA RITUAL

120 Minutes£130

Choose from one of the unique anti-ageing facials and combine it with the powerful effects of the Elemis Deep Tissue Massage. For dramatic results instantly!

ELEMIS DEEP TISSUE MUSCLE MASSAGE

55 Minutes £69

This powerful, customised massage uses dynamic blends of prescribed essential oils to suit individual needs and reduce specific stress and muscle tension.

ELEMIS DEEP TISSUE BACK MASSAGE

25 Minutes £42

Specifically targeting the back, shoulders and neck areas, where you need it most.

ELEMIS AROMA STONETHERAPY

75 Minutes £80

Therapeutic heat is slowly released into the belly of the muscle for a completely new body experience. Small stones are placed on key energy points, whilst luxuriously warmed oils are massaged deeply into the body for maximum relaxation.

ELEMIS NURTURING MASSAGE FOR MOTHERS TO BE

60 Minutes £80

Specialised positioning on the unique Elemis bean bag is used to ensure the ultimate in safety, comfort and relaxation, relieving tension in the back and alleviating swelling in the hands and feet.

ELEMIS AROMA SPA WRAP

75 Minutes £75

Cellutox or Musclease

Cocooned in a comforting foil wrap and treated to a pressure point facial massage and de-stress scalp treatment, helping to refine the appearance of cellulite and help ease aching, tired muscles.

ELEMIS SILHOUETTE & CONTOURING WRAP

60 Minutes £75

Help refine the appearance of cellulite and boost the circulation with a detoxifying Fennel and Birch peel off body mask, combined with specialist drainage massage techniques to leave the skin firmer and smoother to the touch.

ELEMIS EXOTIC COCONUT WRAP

45 Minutes £55

Warmed Elemis Skin Nourishing Milk Bath is poured all over the body before being cocooned in a comforting foil wrap. Excellent for skin smoothing and softening, all combined with a pressure point facial massage and de-stress treatment.

ELEMIS EXOTIC LIME AND GINGER SALT GLOW

45 Minutes £55

A body exfoliation ritual, where warm oil is dripped over the body, followed by Elemis Exotic Lime and Ginger Salt Glow, to leave the skin glowing, vibrant, replenished and flawless.

NATURAL THERAPIES

INDIAN HEAD MASSAGE

30 Minutes £40

The shoulders, neck and scalp are massaged to ease stress and tension creating a feeling of well being and total relaxation.

HOPI EAR CANDLES

30 Minutes £30

This deeply relaxing natural ancient treatment is a painless alternative to ear syringing. A must for people who suffer with ear and sinus conditions.

FULL BODY SWEDISH MASSAGE

60 Minutes..... £69

Incorporates the full body including feet and scalp.

BACK, NECK & SHOULDER SWEDISH MASSAGE

25 Minutes..... £42

SELF TANNING TREATMENT

FAKE BAKE TANNING - *Patch test required 24hrs before treatment.*

Fake Bake self tanning treatments produce a natural, glowing tan with no hint of orange, thanks to fake bake superior tan ingredients. A deep exfoliation is followed by an application by hand to produce a non streaky, perfect tan.

Full body tan 60 Minutes £45
Full leg tan £17.50
Full body top up tan (no exfoliation)..... £35
to be taken within 5 days of initial treatment

WAXING

Full Leg 60 Minutes..... £35
Full Leg and Bikini 75 Minutes..... £40
Half Leg 30 Minutes..... £23
Half Leg and Bikini 45 Minutes..... £30
Bikini 15 Minutes..... £18
Lip 10 Minutes..... £12
Chin 10 Minutes..... £12
Underarm 15 Minutes..... £17
Forearm 30 Minutes..... £22
Eye Brow Shape 10 Minutes..... £12

A patch test is required 24 hours prior to appointment

Eye Lash Tint 15 Minutes..... £22
Eye Brow Tint 10 Minutes..... £12
Brow & Lash Tint 25 Minutes £20

TREATMENTS FOR MEN

ELEMIS SKIN IQ FACIAL

75 Minutes £80

An intelligent anti-ageing facial that adapts to super boost the skin.

Prescribed to protect against the harsh, ageing effects of shaving and environmental damage, this is the ultimate skin overhaul for male skin.

ELEMIS URBAN CLEANSE FACIAL

75 Minutes £80

A high performance complexion cleanse for total skincare defence.

This super-grooming facial decongests the skin, working overtime to eliminate blocked pores, neutralise impurities and reduce sensitivity.

ELEMIS TOTAL TIME OUT

120 Minutes £130

Select either of the Men's facials and combine with the dynamic and immediate relief of the Elemis Deep Tissue Muscle Massage.

EXECUTIVE FOOTCARE FOR MEN

45 Minutes..... £35

Toe nails perfectly shaped, cuticles conditioned and gently pushed back and a foot massage. A luxurious foot treatment preventing build up of hard skin and callouses.

Executive Hand & Nail Treatment for Men – LeRemedi Hand Treatment Programme to condition and smooth hands.
Nails perfectly shaped. Cuticles conditioned and gently pushed back.
30 Minutes.....£35

MENS WAXING

Back or Chest 30 Minutes..... from £25

MANICURE TREATMENTS

PINKS BOUTIQUE ECO CHIC ORGANIC MANICURE

60 Minutes£45

With this treatment you can not only enjoy a superb manicure but also take comfort in knowing that only natural and organic ingredients will be going onto your skin. Performed whilst seated, enjoy a sample of the signature touches and the delicate smells of the oils which result in a hydrating and indulgent manicure. Varnish- optional- please note this cannot be organic.

PINKS BOUTIQUE SIGNATURE INDONESIAN MANICURE/SIGNATURE HAND RITUAL

75 Minutes£55

The journey begins with a tea ceremony and aroma welcoming, the client is then transferred to a couch and remains semi reclined in their chocolate robe for the entire treatment. Hot towels sanitise the feet and hands before the nail work begins. The hands soak amongst Indonesian mineral crystal soak and fresh petals whilst pressure points are applied to the head. A full hand and arm organic scrub leads into a massage with a difference. Using Indonesian massage techniques the arms, shoulders and head are worked upon in our signature massage trail. To end the hands are always coated in our super hydrating Shea balm with a tea to finish, completing the journey. Varnish- optional- please note this cannot be organic.

EXPRESS MANICURE

30 Minutes£30

Please remove nail polish prior to treatment.

PEDICURE TREATMENTS

ELEMIS EXOTIC SOLE DELIGHT FOOT TREATMENT

25 Minutes.....£35

This exotic foot treatment combines the use of Lime and Ginger Salt Scrub with Frangipani Monoi oil and Skin Nourishing Milk Bath to leave skin soft and nourished. The treatment finishes with a de-stress scalp and foot massage.

PINKS BOUTIQUE ECO CHIC ORGANIC PEDICURE

60 Minutes.....£50

A full detailed pedicure with only Soil Association organic products to nourish and soften tired feet. Sample the special touches of the Signature Himalayan pedicure whilst your feet are treated with the revitalising aromas of peppermint, lavender and geranium. Includes nail, cuticle work and hard skin removal. Varnish- optional- please note this cannot be organic.

PINKS BOUTIQUE SIGNATURE HIMALAYAN PEDICURE

90 Minutes.....£60

This journey begins as the Indonesian, with a tea and aroma welcoming. Following hot towels to the feet they are placed in a large wooden soaking bowl and showered with Himalayan mineral crystals, sustainable mined and 100% natural. We always treat the 'top and tail' and whilst this is happening the head is massaged. When all the wet work is complete the client is transferred to the couch and is grounded with a crystal journey trail around the body. The nail and cuticle work is carried out and leads into a reflex influenced stick foot massage with our signature massage trail. To end the feet are coated in our super hydrating balm, perfect for dry heels and a tea completes the journey. Varnish- optional- please note this cannot be organic.



PINKS BOUTIQUE
COMPLETE | PROFESSIONAL | ORGANIC